

STUDENT EDUCATION NUMBER									

Samoa Secondary Leaving Certificate

HEALTH and PHYSICAL EDUCATION

2021

QUESTION and ANSWER BOOKLET

Time allowed: 3 Hours & 10 minutes

INSTRUCTIONS

- 1. You have 10 minutes to read **before** you start the exam.
- 2. Write your **Student Education Number (SEN)** in the space provided on the top right hand corner of this page.
- 3. Answer ALL QUESTIONS. Write your answers in the spaces provided in this booklet.
- 4. If you need more paper to write your answers, ask the Supervisor. Write your SEN on all extra sheets used and clearly number the questions. Attach the extra sheets at the appropriate places in this booklet.

	STRANDS	Pages	Time (min)	Weighting
STRAND 1	ACTIVE PERSONAL HEALTH AND RELATIONSHIPS	2	36	22
STRAND 2	ACTIVE HUMAN MOVEMENT	7	36	22
STRAND 3	ACTIVE FAMILY HEALTH	12	54	28
STRAND 4	ACTIVE COMMUNITY HEALTH	18	54	28
	TOTAL		180	100

Check that this booklet contains pages 2-24 in the correct order and that none of these pages are blank.

HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

STRAND 1:		ACTIVE PERSONAL HEALTH AND RELATIONSHIPS	WEIGHTING 22
1.	Define the	e term Christianity.	
			SL 1
2.	Describe t	the role of the church in building the self-esteem of young people.	
			SL 2
3.	Explain wl	hy people need to show respect to other denominations.	
			SL 3

ist TWO different denominations that are found in Samoa.

Read the scenario below and answer Questions 5-7.

Jona's girlfriend Mele recently noticed an unusual discharge. When she got tested, the results showed that she had STD. She accused Jona of giving it to her, since she'd been faithful to Jona. Jona has been sleeping with other partners, but doesn't have any symptoms.



5.	Identify the name of the STD that Mele is suffering from.	
		SL 1

Analyse the information from the table below to discuss the prevalence of STD 6. Chlamydia (CT) in Samoa 2013.

 Table:
 2013 Samoa study of STD Chlamydia Trachomatis

7.

Age Group	Study Pop size	Number of positive CT cases	% positive of total age group populations
15 – 19	66	26	39.4
20 – 24	139	62	44.6
25 – 29	107	30	28.0
30 – 34	66	6	9.1
35 – 39	37	2	5.4
>= 40	12	1	8.3

Source: https://www.mfat.govt.nz/assets/Uploads/Chlamydia-rates-in-Samoa.pdf SL 3 Discuss a preventative way that can be used to decrease or eliminate Sexually Transmitted Diseases in Samoa. SL 4

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ad	the abstract below and answer Questions 8 – 10.	
	.989, world leaders made a historic commitment to the world's children by adopting the cions Convention on the Rights of the Child – an international agreement on childhood.	United
	https://www.unicef.org/child-rights-convention	
	State one Right of a child in the UN convention.	
	State one Right of a child in the UN convention.	SL 1
	State one Right of a child in the UN convention.	SL 1
	State one Right of a child in the UN convention.	SL 1
	State one Right of a child in the UN convention. Describe in detail the Child's Right that you mentioned in (8) above.	SL 1
		SL 1

10.	Explain how the convention can enhance the rights of Samoan children and their families.	
		SL 3

Use the resource below to answer Questions 11 – 14.



https://www.rugbypass.com/news/samoa-edge-tonga-in-hamilton-to-qualify-for-2023-world-cup/

Ide	entify the name of the sport shown in the picture above.	
		SL 1
Sta	te whether the above sport is an individual or a team sport.	
		SL 1
List	t TWO basic rules of the sport mentioned above.	
		SL 2

		SL 3
	 	
,	the extract below and use it to answer Questions 15 – 17.	
•	study of sports science traditionally incorporates areas of physiology (exercise physiology)	
;	study of sports science traditionally incorporates areas of physiology (exercise physiology) hology (sport psychology), anatomy, biomechanics, biochemistry, and biokinetics. Sports	
: :	study of sports science traditionally incorporates areas of physiology (exercise physiology) hology (sport psychology), anatomy, biomechanics, biochemistry, and biokinetics. Sports ntists and performance consultants are growing in demand and employment numbers, with	
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Describe a career path open to those wh	no study sport science.	
		 SL
Explain the relevance of sports science i	n athletics performances.	
		 SL
		 SL

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Describe a s	port related inju	ry.			
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Explain the role of Fi	rst Aiders during sp	port meets.		
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Use the picture below to answer Questions 21 – 23.



https://www.chinadaily.com.cn/business/2012-11/23/content_15954040.htm

Define the term Ir	formation Tech	inology.				
					·	SL
						
Explain a harmful	effect of the use	e of mobile pho	ones by Samo	an teenagers.		
Explain a harmful	effect of the use	e of mobile pho	ones by Samo	an teenagers.		SL
Explain a harmful	effect of the use	e of mobile pho	ones by Samo	an teenagers.		SL
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Referring to the picture (page 12), discuss how the use of IT devices can have a negative impact on family relationships.	
	SL
	

Read the scenario below and answer Questions 24 – 26.

I need to leave my husband Lee. We have three children together. I stay at home with the kids while Lee works for his cousin's business on the side. I don't know how much he makes. All I know is that I get \$50 a week to make ends meet.

Lee always hit me, but I am a strong woman. But when he started hitting me in front of my children, I knew I had to leave. I never want to see the look in my children's eyes after when saw their father hit me. My husband and I have gone to our elders several times about this, and we get back together. His family promises that he will stop and mine tell me to focus on being a good wife. I'm scared of leaving my husband. I don't know how my children and I will survive... it's not an option.

Define domestic violence.	
	SL
Apart from emotional abuse, list TWO other types of abuses portrayed in the scenario	
above.	
	SL
Explain how the Matai system encourages family safety.	
	SL

Refe	r to the statement below to answer Questions 27 – 29.	
	icide among young people continue to be a serious problem. Suicide is the second leading death for children, adolescents, and young adults aged 15 to 24 years old.	g cause
	e majority of children and adolescents who attempt suicide have significant mental healtl order, usually depression.	n
	https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Teen-Suicide-010.asp	<u>)X</u>
27.	Define the term Suicide.	
		SL 1
28.	Describe a contributing factor to suicidal tendencies for young people in Samoa.	
		SL 2

	Explain how certain agencies such as the Samoa Health Services can provide support to teenagers facing depression.	
		SL 3
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Ge	r to the statement below to answer Questions 30 – 32. Inder stereotyping is a real issue – it disadvantages women in many areas of life, particulated living with their husband's families.	arly
Ge wh	nder stereotyping is a real issue – it disadvantages women in many areas of life, particul	arly
Ge wh	nder stereotyping is a real issue – it disadvantages women in many areas of life, particul nen living with their husband's families.	arly SL 2
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Discuss one way of helping each other to live in peace within a family. Use examples.	Describe the role of the media in combating stereotyping.	
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·	Discuss one way of helping each other to live in peace within a family. Use exam	ples.
		s

The following picture shows an advertisement seen on television.



https://www.crfashionbook.com/culture/g26753337/vintage-coca-cola-ads/

				SL
Describe a health iss	sue that is commonly v	iewed on TV or o	n radio.	
				SL
			 	

Explain how the media can be used as a tool in promoting good health in the community.	
	S
	
Describe an advice that you would provide to your community about the importance of improving marine resources.	
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		SL 3
		
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Nothing beats a well-balanced meal – eating a well-balanced diet means eating a varie of foods from each of the four food groups daily, in the recommended amounts.	ty	
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of foods from each of the four food groups daily, in the recommended amounts.	ty	SL 1
of foods from each of the four food groups daily, in the recommended amounts.	ty	SL 1
of foods from each of the four food groups daily, in the recommended amounts.	ty	SL 1
Name ONE of the four food types.	ty	SL 1
Name ONE of the four food types.	ty	SL 1

	SL
	
Define the term recycling.	
	SL

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Explain the impor	tance of recyc	ling in our com	nmunities.		
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Discuss the role of NGO's in	n promoting the r	nanagement of w	vaste in your commu	nity.
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(For Scorers only)

	Weighting	Scores	Check Scorer	AED Check	
STRAND 1	ACTIVE PERSONAL HEALTH AND RELATIONSHIPS	22			
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