



STUDENT EDUCATION NUMBER									

Samoa Secondary Leaving Certificate

HEALTH and PHYSICAL EDUCATION 2021

QUESTION and ANSWER BOOKLET

Time allowed: 3 Hours & 10 minutes

INSTRUCTIONS

1. You have 10 minutes to read **before** you start the exam.
2. Write your **Student Education Number (SEN)** in the space provided on the top right hand corner of this page.
3. **Answer ALL QUESTIONS.** Write your answers in the spaces provided in this booklet.
4. If you need more paper to write your answers, ask the Supervisor. Write your SEN on all extra sheets used and clearly number the questions. Attach the extra sheets at the appropriate places in this booklet.

STRANDS		Pages	Time (min)	Weighting
STRAND 1	ACTIVE PERSONAL HEALTH AND RELATIONSHIPS	2	36	22
STRAND 2	ACTIVE HUMAN MOVEMENT	7	36	22
STRAND 3	ACTIVE FAMILY HEALTH	12	54	28
STRAND 4	ACTIVE COMMUNITY HEALTH	18	54	28
TOTAL			180	100

Check that this booklet contains pages 2-24 in the correct order and that none of these pages are blank.

HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

1. Define the term Christianity.

SL 1

2. Describe the role of the church in building the self-esteem of young people.

SL 2

3. Explain why people need to show respect to other denominations.

SL 3

4. List TWO different denominations that are found in Samoa.

SL 2

Read the scenario below and answer Questions 5 – 7.

Jona's girlfriend Mele recently noticed an unusual discharge. When she got tested, the results showed that she had STD. She accused Jona of giving it to her, since she'd been faithful to Jona. Jona has been sleeping with other partners, but doesn't have any symptoms.



5. Identify the name of the STD that Mele is suffering from.

SL 1

10. Explain how the convention can enhance the rights of Samoan children and their families.

SL 3

Use the resource below to answer Questions 11 – 14.



<https://www.rugbypass.com/news/samoa-edge-tonga-in-hamilton-to-qualify-for-2023-world-cup/>

11. Identify the name of the sport shown in the picture above.

SL 1

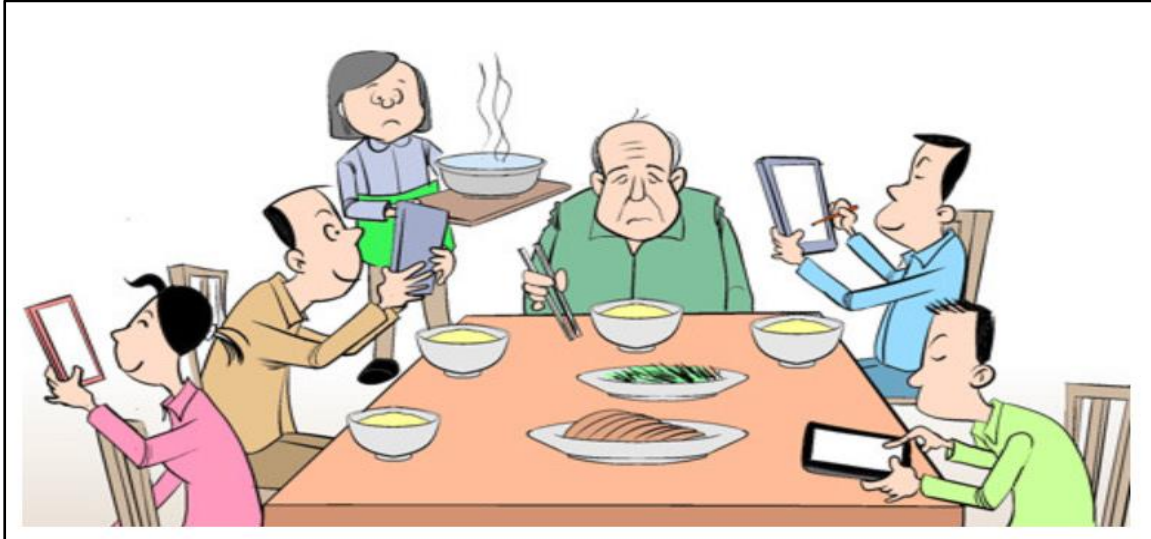
12. State whether the above sport is an individual or a team sport.

SL 1

13. List TWO basic rules of the sport mentioned above.

SL 2

Use the picture below to answer Questions 21 – 23.



https://www.chinadaily.com.cn/business/2012-11/23/content_15954040.htm

21. Define the term Information Technology.

SL 1

22. Explain a harmful effect of the use of mobile phones by Samoan teenagers.

SL 3

Read the scenario below and answer Questions 24 – 26.

I need to leave my husband Lee. We have three children together. I stay at home with the kids while Lee works for his cousin’s business on the side. I don’t know how much he makes. All I know is that I get \$50 a week to make ends meet.

Lee always hit me, but I am a strong woman. But when he started hitting me in front of my children, I knew I had to leave. I never want to see the look in my children’s eyes after when saw their father hit me. My husband and I have gone to our elders several times about this, and we get back together. His family promises that he will stop and mine tell me to focus on being a good wife. I’m scared of leaving my husband. I don’t know how my children and I will survive... it’s not an option.

24. Define domestic violence.

SL 1

25. Apart from emotional abuse, list TWO other types of abuses portrayed in the scenario above.

SL 2

26. Explain how the Matai system encourages family safety.

SL 3

Refer to the statement below to answer Questions 27 – 29.

Suicide among young people continue to be a serious problem. Suicide is the second leading cause of death for children, adolescents, and young adults aged 15 to 24 years old.

The majority of children and adolescents who attempt suicide have significant mental health disorder, usually depression.

https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Teen-Suicide-010.aspx

27. Define the term Suicide.

SL 1

28. Describe a contributing factor to suicidal tendencies for young people in Samoa.

SL 2

The following picture shows an advertisement seen on television.



<https://www.crfashionbook.com/culture/q26753337/vintage-coca-cola-ads/>

33. Identify ONE unhealthy habit that is promoted in the advertisement above.

SL 1

34. Describe a health issue that is commonly viewed on TV or on radio.

SL 2

37. Explain how the local village council can support rural development programs.

SL 3

Nothing beats a well-balanced meal – eating a well-balanced diet means eating a variety of foods from each of the four food groups daily, in the recommended amounts.

38. Name ONE of the four food types.

SL 1

39. List down TWO local foods that you can find in your home garden.

SL 2

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(For Scorers only)

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STRAND 1	ACTIVE PERSONAL HEALTH AND RELATIONSHIPS	22			
STRAND 2	ACTIVE HUMAN MOVEMENT	22			
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TOTAL		100			